burren life balance
www.burrenlifebalance.com

Take a walk…
on the WILD side…

Wild flowers, animals in their natural habitat, the freshest air you will ever breathe…

Come to The Burren this year to experience an invigorating and uplifting mini-break for our most affordable price

Enjoy a 2 Day Guided Walking Break fully inclusive package including accommodation at Burren Retreats, Breakfast on both days, Packed Lunch for Saturday walk, Buffet Lunch Sunday and evening meal on one Saturday night. Not to mention full use of our Mountain View Spa with Outdoor Hot tub & Scandinavian Sauna, toasty log fires, a personal welcome and so much more…

All for just €165.00 per person

WEEKENDS CURRENTLY AVAILABLE;

9th to 11th September 2011

Des @ BURREN LIFE BALANCE RESERVATIONS 065 6827749
www.burrenlifebalance.com / info@burrenlifebalance.com

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So what is involved in your weekend walking retreat?

Put on your boots, view the majestic sights, then relax in the *most* comfortable surroundings as part of our new Walking Breaks for 2011. It's a fully inclusive package;

- Arrive Friday evening, explore the beautiful and historic surroundings of Cullinan House, “The Old Cowshed” and Mountain View, get to know your fellow walkers and relax ahead of your Walking Weekend.

- Wake up to a buffet breakfast of your choice, freshly baked bread, eggs collected from our chickens, cheeses and cereals, fresh juices and a hot cup of tea or coffee to prepare you for your day in The Burren.

- On Saturday, you'll be part of a fully guided day-long walk taking in some of the most unusual and special parts of The Burren, in the safe hands of your guide for the day. You'll be encouraged to walk at your own pace, take in the serenity and magic of the Karst Limestone Landscape.

- Back home for a dip in the Mountain View Spa Outdoor Hot-tub, or relaxing sauna before a hearty meal to be shared with friends old and new. Later on if you wish, take a couple of minute’s trip to Corofin village to enjoy local hospitality and traditional music.

- On Sunday, after breakfast its back out to The Burren for a half-day guided walk, taking in even more sights and sounds of the National Park.

- Enjoy a delicious lunch before departing, refreshed and re-invigorated

- The day-long walk will be 8 to 10 kilometres approximately and graded moderate. Some terrain is uneven and the gradient is varied.
- The walking trails on the Burren landscape include crossing the ragged limestone terrain; some uphill walking and climbing of terraced hills; Walking along ancient famine roads and wooded uplands.
- As part of the “all inclusive” package you will be given afternoon tea & scones to enjoy a truly unique experience on the Burren landscape itself.

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- Please note that you will be required to bring Walking Boots with support, Waterproofs and a Rucksack. Walking sticks will be provided.

Special Offer Details

- The cost of this package is €195.00 per person sharing. As part of our special offer promotion the cost is €165.00 per person sharing.
- We have a limited amount of availability for single occupancy rooms at an additional charge of €20.00 per night. Please request this upon booking.

Additional Offer

- **Stay and enjoy your surroundings at Burren Life Balance for an additional night at an extra cost of €25.00 Bed & Breakfast.**

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