



BURREN

LIFE BALANCE

HERITAGE WEEK

WALKING BREAKS 2010

Burren Life Balance is celebrating Heritage Week from August 21st to 29th 2010. It's your opportunity to enjoy the Burren's built, natural and cultural heritage, as part of a wider celebration of Irish & European History.

Enjoy a specially designed Burren Heritage Trail short break with 2 day's fully guided walking in Ireland's most dramatic Karst landscape plus taking in a tour of a Heritage Farm. You'll be encouraged to walk at your own pace and enjoy the magic and mystery of The Burren National Park.

Plus throughout your break you get to stay at Burren Life Balance in Killeen Corofin, an original family farm dating back many generations where you will enjoy the fully refurbished bedrooms located in "The Old Cowshed" & "Cullinan Cottage". It's the perfect walking break away.

See below for full details of your walking break & accommodation.

Special Offer Price – Full Board, 2 Night's Accommodation, Fully Guided Walks

just €190.00 pps

25% Holding Deposit Required when Booking.

Contact **BURREN Life Balance Reservations** - +353-65-6827749

Email info@burrenlifebalance.com

Website www.burrenlifebalance.com



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YOU'RE HERITAGE BREAK "TIMELINE"

- Day 1 – Arrive from 7pm at Burren Life Balance, Corofin to enjoy a reception in The Old Cowshed. Meet your fellow walkers and enjoy tasty snacks while getting to know your surroundings.
- Wake up to a buffet breakfast of your choice, freshly baked bread, eggs collected from our chickens, cheeses and cereals and a hot cup of tea or coffee to prepare you for your day in The Burren. You'll then pick up your home-made packed lunch before boarding your transport to the starting point for the days walk.
- On Saturday, you'll be part of a fully guided day-long walk taking in some of the most unusual and special parts of The Burren, in the safe hands of your guide for the day. You'll be encouraged to walk at your own pace, take in the serenity and magic of the Karst Limestone Landscape.
- Back home for a dip in the Mountain View Spa Outdoor Hot-tub, or relaxing sauna before a hearty 4-course meal to be shared with friends old and new. Later on if you wish, take a couple of minute's trip to Corofin village to enjoy local hospitality and traditional music.
- On Sunday, after breakfast its back out to The Burren for a half-day guided walk, taking in even more sights and sounds of the National Park.
- Enjoy a delicious lunch before departing, refreshed and re-invigorated.
- **Dates available :**
- **Friday 20th to Sunday 22nd & Friday 27th to Sunday 29th August**

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